



# KEEP

Supporting Foster & Kinship Families



KEEP is delivered in partnership with:



## KEEP is a statewide support program for all Oregon resource parents with a child/teen age 3 or older!



Connect with resource parents to support one another, share resources, and practice positive parenting tools!

- 🧩 KEEP is free!
- 🧩 7-12 resource parents, two trained group leaders
- 🧩 16 weekly, 90 minute sessions
- 🧩 KEEP is a support group, not a class!
- 🧩 Evidence-based parenting tools you can use today!
- 🧩 Participants earn up to 24 resource parent training hours
- 🧩 Receive \$25/session per household for each session attended (up to \$400)
- 🧩 KEEP is trauma-informed
- 🧩 KEEP is available via videoconference

### Affinity and culturally-specific groups available!

- 🧩 Resource parents caring for youth who entered the United States without an adult (unaccompanied minor) - in partnership with Centro Cultural
- 🧩 Resource parents caring for Native American children - in partnership with Native American Youth and Family Center (NAYA)
- 🧩 Resource parents caring for LGBTQIA+ teens
- 🧩 Resource parents caring for children of a different culture, race, or ethnicity (transracial)



KEEP is available in English, en Español, and with ASL interpretation. Enrolling statewide year-round!

Get connected:

- 🧩 Contact your local recruiter or an affinity group recruiter (see back of this flyer)
- 🧩 Ask your certifier

Visit our website!

🧩 [www.keepfostering.org/Oregon](http://www.keepfostering.org/Oregon)



Attended KEEP before?  
You are now eligible to join our annual 8 week KEEP Booster groups!



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## Get connected to a KEEP group!

### Statewide Affinity and Culturally-specific Group Recruiters

Native American Youth and Family Center KEEP Groups	Andres Chavez Desiree Taylor	971-990-5853 971-990-5852	ChavezA@nayapdx.org taylord@nayapdx.org
Unaccompanied Minor Affinity Groups	Julie Chapman	541-780-3803	JulieC@oslc.org
Transracial Groups	Julie Chapman	541-780-3803	JulieC@oslc.org
LGBTQIA+ Affinity Groups	Julie Chapman	541-780-3803	JulieC@oslc.org
Spanish-Language Groups	Shelley Crawford	541-780-3394	ShelleyG@oslc.org

### Local KEEP Group Recruiters (Find Your Recruiter Based on Your County)

Clackamas, Clatsop, Columbia, Multnomah, Tillamook, Washington	Mirna Pani	503-250-0401	Mirna.Pani@options.org
Benton, Lincoln, Linn, Marion, Polk, Yamhill	Tricia Brinlee	971-301-3117	Mid-valleyKEEP@options.org
Lane	Tatiana Truitt	541-520-0524	tatianat@oregoncp.org
Coos, Curry, Douglas	Nicki Fox-Morse	541-221-7094	Nicki.Fox-Morse@options.org
Jackson, Josephine	Becca Allen	541-841-2621	Becca@rvfnc.org
Crook, Deschutes, Jefferson	Teresa Mendoza	541-408-4388	TeresaM@frconline.org
Baker, Gilliam, Grant, Harney, Hood River, Klamath, Lake, Malheur, Morrow, Sherman, Umatilla, Union, Wallowa, Wasco, Wheeler	Julie Chapman	541-780-3803	JulieC@oslc.org